

Chore chart by age

Ages 2-3 TODDLERS

- Put toys back in a bin
- Put dirty clothes in the hamper
- Help feed a pet
- Put books back on a low shelf
- Sort socks or toys by color
- Rinse fruit and vegetables at the sink
- Tear lettuce for a salad
- Wipe up small spills with a cloth
- Carry unbreakable dishes to the table

Ages 4-5 PRESCHOOLERS

- Put toys away
- Put dirty clothes in the hamper
- Get dressed, with clothes laid out the night before
- Brush teeth
- Help set the table
- Feed pets
- Make the bed
- Water plants
- Rinse fruit or tear salad leaves
- Bring in the mail
- Dust low surfaces with a cloth

Ages 6-7 EARLY GRADE SCHOOL

- Make the bed
- Set and clear the table
- Help pack their school lunch
- Put toys away and tidy bookshelves
- Put dirty clothes in the hamper
- Sort laundry
- Fill the pet's food dish
- Empty wastebaskets
- Sweep floors
- Dust
- Water flowers and pull weeds
- Wash plastic dishes in the sink

Ages 8-9 MIDDLE GRADE SCHOOL

- Vacuum
- Help make dinner
- Make their own simple snacks
- Walk the dog
- Put away their own laundry
- Put away groceries
- Set and clear the table
- Empty wastebaskets and take out trash
- Sweep floors
- Rake leaves
- Make the bed

Ages 10-11 TEENS

- Unload the dishwasher
- Clean the kitchen after meals
- Change their bedsheets
- Do and fold laundry
- Clean the bathroom, including the toilet
- Cook a simple meal
- Vacuum
- Walk the dog
- Put away groceries
- Wash the car

Ages 12-13 YOUNG TEENS

- Do their own laundry, start to finish
- Cook a simple meal
- Clean the bathroom
- Clean the kitchen
- Change bedsheets
- Unload the dishwasher
- Wash the car
- Watch younger siblings
- Mow the lawn with a walk-behind mower
- Pack their own lunch
- Manage a set allowance

Ages 14+ TEENS

- Do all their own laundry
- Make their own meals and lunches
- Take a turn on the family chore schedule
- Keep shared spaces like hallways and bathrooms picked up
- Keep their own room under control
- Budget their own money for wants and savings
- Clean the kitchen and bathrooms
- Mow and do yard work
- Keep keys and other essentials in one spot
- Hold a part-time or summer job

Every child is different. Use these as a starting point and adjust for your child's skills and your home. Each band builds on the ones before it. Supervise any use of the stove, oven or sharp knives, and keep young kids on no-heat tasks. Store cleaning products and medicines capped, in original containers, and out of reach of young children.

Name: _____ Week of: _____

My chore chart

Chore	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	☆	☆	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆	☆	☆
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	☆	☆	☆	☆	☆	☆	☆
	☆	☆	☆	☆	☆	☆	☆

Color a star for each chore done. Agree on rewards together and give each one a star price.

Based on American Academy of Pediatrics guidance. Full sources: tagwellhome.com/chores-by-age/. General guidance only: follow your manufacturer's instructions and call a licensed professional for gas, electrical, roofing and chimney work.